



A FRIEND IN KNEAD

MASSAGE & WELLNESS

A FRIEND IN KNEAD LLC.

60 Howard Dr Suite K
Bergenfield, New Jersey 07621

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QQP4E49SS57X6

CAGE
9QJ16

CERTIFICATIONS

NJ SBE- Approved
NJ MBE- Approved

National Certification Board for
Therapeutic Massage and Bodywork
(NCBTMB) - Approved Provider

International Massage Association (IMA)



NAICS CODES

621399 - Offices of All Other
Miscellaneous Health Practitioners

812199 - Other Personal Care Services

621340 - Offices of Physical,
Occupational and Speech Therapists,
and Audiologists

611519 - Other Technical and Trade
Schools



(833)786-AFIK (2345)

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www.afriendinknea.com



CAPABILITY STATEMENT

A Friend In Knead (AFIK) is New Jersey's premier mobile massage company, specializing in enhancing emotional, physical, and mental well-being through on-site massage therapy. **AFIK has served over 5,000 individuals** across diverse settings

We emphasizes the positive impact of a **75% reduction in workers compensation claims, a 99% decrease in absenteeism and, a boost in employee morale.**

Our team of licensed massage therapists are committed to creating a safe nurturing environment to enhance overall health and wellness while leaving a lasting impression at every event.

CORE COMPETENCIES

On Site Health and Wellness Programs

- Chair Massage
- Sports Massage
- Medical Massage
- Assisted Stretch
- Yoga

Wellness Education and Workshops

- Mindfulness Meditation

DIFFERENTIATORS

- 95% client retention
- All of our therapist and specialists are vetted, licensed, and insured.
- We are available on-site 24 hrs. 7 days a week
- Passion and belief in building long lasting therapeutic client relationships.

PAST EXPERIENCE

- Corporate Offices
- Hospitals
- Hotels
- Backstage
- Sporting Events
- Fundraisers
- Senior Living Facilities
- Personal Homes

PAST PERFORMANCE



Appreciation Week
Corporate Wellness
2022-2023
\$5000

First Responders Program
Nurses Week
2023-2025
\$32,027

Corporate Wellness Program
Annual Wellness Fair
2022-2024
\$2,360

Appreciation Day
2022-2023
\$524.00